

**2023 USATF VIRGINIA ASSOC | SE REGIONAL MASTERS  
INDOOR CHAMPIONSHIPS**

Hampton, VA

Boo Williams Sportsplex

Saturday, February 11, 2023

**OFFICIAL MEET REPORT**

printed: 2/11/2023 11:32 PM

**RESULTS****#114 Women's 3000m Walk (35-39)**

Pl Name	Yr Team	Time
1 ARMSTRONG, Cher	Raleigh Walk	19:12.87

**#116 Women's 3000m Walk (55-59)**

Pl Name	Yr Team	Time
1 CHIRINO-KLEVANS, Flor	Raleigh Walk	18:31.06
2 GARSON, Rebecca	Raleigh Walk	21:03.89

**#113 Women's 3000m Walk (65-69)**

Pl Name	Yr Team	Time
1 GOOD, Katherine Keg	Potomac Vall	24:13.35

**#115 Women's 3000m Walk (70-74)**

Pl Name	Yr Team	Time
1 MAY, Virginia	Tidewater Stri	31:13.91

**#111 Men's 3000m Walk (35-39)**

Pl Name	Yr Team	Time
1 POPOV, Alexey	Unattached	17:02.52

**#112 Men's 3000m Walk (40-44)**

Pl Name	Yr Team	Time
1 SOTODUPREY, Israel	Unattached	17:04.58

**#110 Men's 3000m Walk (70-74)**

Pl Name	Yr Team	Time
1 FUNKHOUSER, Raymond	Unattached	19:02.57
2 AUGUSTINE, Thomas	Potomac Vall	22:57.84

**#17 Women's 60 Meters (Open)****#16 Women's 60 Meters (45-49)**

Pl Name	Yr Team	Time
1 MANTERNACH, Alison	Unattached	10.06

**#174 Women's 60 Meters (50-54)**

Pl Name	Yr Team	Time
SCOTT, Rosy	Unattached	DQ

**#18 Women's 60 Meters (55-59)**

Pl Name	Yr Team	Time
1 BATTLE, Tracey	Potomac Vall	9.75

**#19 Women's 60 Meters (65-69)**

Pl Name	Yr Team	Time
1 RANKINS, Claudia	Unattached	13.00

**#14 Women's 60 Meters (75-79)**

Pl Name	Yr Team	Time
1 WARREN, Barbara	Capital City S	18.60

**#15 Women's 60 Meters (80-84)**

Pl Name	Yr Team	Time
1 GUARDINO, Louise	Unattached	22.58

**#8 Men's 60 Meters (Open)**

Pl Name	Yr Team	Time
1 HAIRSTON JR, Rennie	Unattached	7.80

**#13 Men's 60 Meters (25-29)**

Pl Name	Yr Team	Time
1 BRASS, Dainen	Pony Express	7.43
2 KELLY, Tim	Unattached	7.45

**#11 Men's 60 Meters (30-34)**

Pl Name	Yr Team	Time
1 WAKEFIELD, Teran	Unattached	7.29

**#4 Men's 60 Meters (35-39)**

Pl Name	Yr Team	Time
1 WILKERSON II, Troy	Unattached	7.59
2 FREEMAN, Manju	Towson Univ	7.77
3 MONGO, Donta	Unattached	8.59

**#12 Men's 60 Meters (40-44)**

Pl Name	Yr Team	Time
1 HOLLOWAY, Marcus	Unattached	7.40

**#10 Men's 60 Meters (45-49)**

Pl Name	Yr Team	Time
1 LOCKHART, Nolan	Pony Express	7.72
2 JAMES, Renard	U.S. Army	8.35
3 CLARKE SR., Ronald	Atlanta Track	8.68
4 ANDREWS, Louis	Unattached	10.27

**#9 Men's 60 Meters (50-54)**

Pl Name	Yr Team	Time
1 EPEBINUADE, Adeniran	Unattached	7.73
2 NANTO, Brian	Unattached	8.23

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**RESULTS****#9 Men's 60 Meters (50-54) (cont'd)**

Pl Name	Yr Team	Time
3 PADGETT, Calvin	Atlanta Track	8.55
4 RAVIZZA, Dean	Unattached	10.53

**#1 Men's 60 Meters (55-59)**

Pl Name	Yr Team	Time
1 CURETON III, Benjamin	West Virginia	8.72
2 KAST, Steven	Colonial Roa	10.14
SARSONY, Chris	Unattached	DNF

**#7 Men's 60 Meters (60-64)**

Pl Name	Yr Team	Time
1 HUMPHREY, Ronald	Unattached	8.19
2 SPRUILL, Willie	Pony Express	8.63
3 HIGGINS, Robert	Unattached	9.78

**#6 Men's 60 Meters (65-69)**

Pl Name	Yr Team	Time
1 HADRICK, John	Unattached	8.66
2 MARKLEY, Anthony	Potomac Vall	8.85

**#5 Men's 60 Meters (70-74)**

Pl Name	Yr Team	Time
1 MACK, Joe	Pony Express	10.80
2 SIZEMORE, Mark	Unattached	12.01

**#3 Men's 60 Meters (75-79)**

Pl Name	Yr Team	Time
1 PARKER III, George	Unattached	9.76
2 GUINN, Michael	Unattached	10.80

**#2 Men's 60 Meters (80-84)**

Pl Name	Yr Team	Time
1 NANTO, Dick	Unattached	12.09
2 RHOAD, William	Philadelphia	13.21

**#98 Women's 60m Hurdles (30-34)****#97 Women's 60m Hurdles (35-39)**

Pl Name	Yr Team	Time
1 PINKSTON, Tyreshia	Port City Trac	12.00

**#177 Women's 60m Hurdles (50-54)****#179 Women's 60m Hurdles (75-79)**

Pl Name	Yr Team	Time
1 WARREN, Barbara	Capital City S	29.50

**#94 Men's 60m Hurdles (Open)****#92 Men's 60m Hurdles (30-34)**

Pl Name	Yr Team	Time
1 WAKEFIELD, Teran	Unattached	8.68

**#93 Men's 60m Hurdles (40-44)**

Pl Name	Yr Team	Time
1 MARTIN, Jason	Unattached	9.51

**#91 Men's 60m Hurdles (50-54)**

Pl Name	Yr Team	Time
1 AKA-BASHORUN, Walé	Greater Phila	9.61

**#90 Men's 60m Hurdles (55-59)**

Pl Name	Yr Team	Time
1 KRUELLE, Chuck	Greater Phila	11.24
2 BACHANA, Joseph	Central Park	13.40

**#96 Men's 60m Hurdles (60-64)**

Pl Name	Yr Team	Time
1 JONES SR., Michael	Unattached	9.50
2 JAKES, Frank	Unattached	13.35

**#95 Men's 60m Hurdles (65-69)**

Pl Name	Yr Team	Time
1 MARKLEY, Anthony	Potomac Vall	12.16

**#79 Women's 1500 Meters (35-39)**

Pl Name	Yr Team	Time
1 ARMSTRONG, Cher	Raleigh Walk	6:08.69

**#74 Women's 1500 Meters (40-44)**

Pl Name	Yr Team	Time
1 LEDFORD, Jennifer	Unattached	5:28.31
2 BROWN, Tamika	Port City Trac	6:03.58

**#75 Women's 1500 Meters (45-49)**

Pl Name	Yr Team	Time
1 JOSIAH-TANNER, Euleen	T.H.E. Track	5:24.31

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**RESULTS****#77 Women's 1500 Meters (55-59)**

Pl Name	Yr Team	Time
1 KLEIN, Tina	T.H.E. Track	6:41.24

**#78 Women's 1500 Meters (70-74)**

Pl Name	Yr Team	Time
1 JACOBS, Kathy	High Point At	9:02.93

**#76 Women's 1500 Meters (80-84)**

Pl Name	Yr Team	Time
1 STAAB, Angela	TNT Internati	11:48.04

**#69 Men's 1500 Meters (Open)**

Pl Name	Yr Team	Time
1 CURRY, Jayden	Unattached	4:26.23

**#71 Men's 1500 Meters (35-39)**

Pl Name	Yr Team	Time
1 PEYTON JR., Stanley	Unattached	4:29.27

**#68 Men's 1500 Meters (40-44)****#66 Men's 1500 Meters (45-49)****#73 Men's 1500 Meters (50-54)****#67 Men's 1500 Meters (55-59)**

Pl Name	Yr Team	Time
1 SANCHEZRUANO SR., Miguel	Unattached	4:55.28
2 KAST, Steven	Colonial Roa	5:03.58
3 PIGGOTT, John	Colonial Roa	5:50.87

**#72 Men's 1500 Meters (60-64)**

Pl Name	Yr Team	Time
1 WHITAKER, Robert	Colonial Roa	5:14.15
2 SPALDING, RJ	Unattached	5:32.42

**#70 Men's 1500 Meters (70-74)****#50 Women's 400 Meters (Open)**

Pl Name	Yr Team	Time
1 HUGGINS, Nathandra	Unattached	1:11.45

**#51 Women's 400 Meters (80-84)**

Pl Name	Yr Team	Time
1 GUARDINO, Louise	Unattached	3:18.00

**#38 Men's 400 Meters (Open)**

Pl Name	Yr Team	Time
1 HAIRSTON JR, Rennie	Unattached	59.90

**#46 Men's 400 Meters (30-34)**

Pl Name	Yr Team	Time
1 WAKEFIELD, Teran	Unattached	52.68

**#49 Men's 400 Meters (35-39)**

Pl Name	Yr Team	Time
1 PEYTON JR., Stanley	Unattached	54.44
2 MCCAIN JR., Gregory	Unattached	58.17
3 MONGO, Donta	Unattached	1:09.31

**#48 Men's 400 Meters (40-44)**

Pl Name	Yr Team	Time
1 MARTIN, Jason	Unattached	55.78

**#40 Men's 400 Meters (45-49)**

Pl Name	Yr Team	Time
1 CLARKE SR., Ronald	Atlanta Track	1:03.50

**#43 Men's 400 Meters (50-54)**

Pl Name	Yr Team	Time
1 GRAHAM IV, Calvin	Atlanta Track	59.98

**#47 Men's 400 Meters (55-59)**

Pl Name	Yr Team	Time
1 PRITCHARD, Craig	Unattached	1:06.15
2 KAST, Steven	Colonial Roa	1:06.34

**#44 Men's 400 Meters (60-64)**

Pl Name	Yr Team	Time
1 HUMPHREY, Ronald	Unattached	1:00.36
2 MACK, Jeff	Unattached	1:07.33

**#42 Men's 400 Meters (65-69)**

Pl Name	Yr Team	Time
1 LAMARCHE, Gilles	Unattached	1:17.97

**#41 Men's 400 Meters (70-74)**

Pl Name	Yr Team	Time
1 RUOZZI, Richard	Unattached	1:26.12

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**RESULTS****#39 Men's 400 Meters (75-79)**

Pl Name	Yr Team	Time
1 GUINN, Michael	Unattached	1:32.13

**#45 Men's 400 Meters (80-84)**

Pl Name	Yr Team	Time
RHOAD, William	Philadelphia	DNF

**#178 Men's 4 x 200m Relay (Open)**

Pl Team	Time
1 Pony Express Track & Field Club (A)	1:50.93

**#108 Women's 1500m Walk (35-39)**

Pl Name	Yr Team	Time
1 ARMSTRONG, Cher	Raleigh Walk	9:32.40

**#107 Women's 1500m Walk (55-59)**

Pl Name	Yr Team	Time
1 CHIRINO-KLEVANS, Flor	Raleigh Walk	9:10.76
2 GARSON, Rebecca	Raleigh Walk	10:20.20

**#106 Women's 1500m Walk (65-69)**

Pl Name	Yr Team	Time
1 GOOD, Katherine Keg	Potomac Vall	11:43.24

**#105 Women's 1500m Walk (70-74)**

Pl Name	Yr Team	Time
1 MAY, Virginia	Tidewater Stri	13:00.83

**#102 Men's 1500m Walk (35-39)**

Pl Name	Yr Team	Time
1 POPOV, Alexey	Unattached	8:46.65

**#103 Men's 1500m Walk (40-44)**

Pl Name	Yr Team	Time
1 SOTODUPREY, Israel	Unattached	8:11.73

**#101 Men's 1500m Walk (65-69)**

Pl Name	Yr Team	Time
MARKLEY, Anthony	Potomac Vall	DNF

**#104 Men's 1500m Walk (70-74)**

Pl Name	Yr Team	Time
1 FUNKHOUSER, Raymond	Unattached	9:24.86

**#104 Men's 1500m Walk (70-74) (cont'd)**

Pl Name	Yr Team	Time
2 AUGUSTINE, Thomas	Potomac Vall	11:16.41

**#64 Women's 800 Meters (40-44)**

Pl Name	Yr Team	Time
1 BROWN, Tamika	Port City Trac	2:58.34

**#62 Women's 800 Meters (55-59)**

Pl Name	Yr Team	Time
1 SPRINGER, Roxanne	Pursuit of Exc	2:48.07

**#63 Women's 800 Meters (70-74)**

Pl Name	Yr Team	Time
1 JACOBS, Kathy	High Point At	4:38.84

**#65 Women's 800 Meters (80-84)**

Pl Name	Yr Team	Time
1 STAAB, Angela	TNT Internati	6:09.07

**#54 Men's 800 Meters (Open)****#58 Men's 800 Meters (35-39)**

Pl Name	Yr Team	Time
1 PEYTON JR., Stanley	Unattached	2:06.87
2 MONGO, Donta	Unattached	3:09.16

**#56 Men's 800 Meters (40-44)**

Pl Name	Yr Team	Time
1 COATES III, James	Shadow Proje	2:07.46
2 WALCHINSKY, Mark	Shadow Proje	2:07.78
3 ABBOT, Jason	Shadow Proje	2:12.19

**#55 Men's 800 Meters (45-49)**

Pl Name	Yr Team	Time
1 WEAKLY, Ian	Atlanta Track	2:18.10

**#53 Men's 800 Meters (50-54)**

Pl Name	Yr Team	Time
1 SCHUMANN, Keith	Colonial Roa	2:18.88
2 GRAHAM IV, Calvin	Atlanta Track	2:21.16
3 AKA-BASHORUN, Walé	Greater Phila	2:35.31

**#52 Men's 800 Meters (55-59)**

Pl Name	Yr Team	Time
1 KRUELLE, Chuck	Greater Phila	2:31.83

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**RESULTS****#52 Men's 800 Meters (55-59) (cont'd)**

Pl Name	Yr Team	Time
2 PIGGOTT, John	Colonial Roa	2:46.28
3 PRITCHARD, Craig	Unattached	2:51.30
4 BACHANA, Joseph	Central Park	3:15.36

**#61 Men's 800 Meters (60-64)**

Pl Name	Yr Team	Time
1 WHITAKER, Robert	Colonial Roa	2:34.59

**#57 Men's 800 Meters (65-69)**

Pl Name	Yr Team	Time
1 DAVIS, Curtis	Potomac Vall	2:50.00

**#59 Men's 800 Meters (70-74)**

Pl Name	Yr Team	Time
1 HOWER, Richard	Potomac Vall	2:44.14
2 RUOZZI, Richard	Unattached	3:43.38

**#60 Men's 800 Meters (75-79)**

Pl Name	Yr Team	Time
1 GUINN, Michael	Unattached	3:55.20

**#34 Women's 200 Meters (Open)****#180 Women's 200 Meters (35-39)**

Pl Name	Yr Team	Time
1 HUGGINS, Nathandra	Unattached	30.55

**#36 Women's 200 Meters (40-44)**

Pl Name	Yr Team	Time
1 KING, Camile	Port City Trac	34.07

**#33 Women's 200 Meters (45-49)****#35 Women's 200 Meters (65-69)**

Pl Name	Yr Team	Time
1 RANKINS, Claudia	Unattached	49.87

**#37 Women's 200 Meters (70-74)**

Pl Name	Yr Team	Time
1 PHILLIPS, Hannah	Potomac Vall	40.04

**#32 Women's 200 Meters (80-84)**

Pl Name	Yr Team	Time
1 STAAB, Angela	TNT Internati	1:06.29
2 GUARDINO, Louise	Unattached	1:25.33

**#22 Men's 200 Meters (Open)**

Pl Name	Yr Team	Time
1 LOCKHART, Jedidia	Unattached	24.80
2 HAIRSTON JR, Rennie	Unattached	26.17

**#27 Men's 200 Meters (25-29)**

Pl Name	Yr Team	Time
1 BRASS, Dainen	Pony Express	23.89
2 KELLY, Tim	Unattached	25.28

**#29 Men's 200 Meters (35-39)**

Pl Name	Yr Team	Time
1 WILKERSON II, Troy	Unattached	24.64
2 MCCAIN JR., Gregory	Unattached	25.46
3 FREEMAN, Manju	Towson Univ	25.62

**#21 Men's 200 Meters (40-44)**

Pl Name	Yr Team	Time
1 MARTIN, Jason	Unattached	25.10
2 HOLLOWAY, Marcus	Unattached	25.32
3 WALCHINSKY, Mark	Shadow Proje	27.82

**#31 Men's 200 Meters (45-49)**

Pl Name	Yr Team	Time
1 LOCKHART, Nolan	Pony Express	24.89
2 JAMES, Renard	U.S. Army	26.97
3 CLARKE SR., Ronald	Atlanta Track	28.05

**#25 Men's 200 Meters (50-54)**

Pl Name	Yr Team	Time
1 EPEBINUADE, Adeniran	Unattached	25.64
2 GRAHAM IV, Calvin	Atlanta Track	27.84
3 PADGETT, Calvin	Atlanta Track	28.66

**#30 Men's 200 Meters (55-59)**

Pl Name	Yr Team	Time
1 PRITCHARD, Craig	Unattached	30.20
2 SARSONY, Chris	Unattached	31.37

**#26 Men's 200 Meters (60-64)**

Pl Name	Yr Team	Time
1 HUMPHREY, Ronald	Unattached	26.85
2 JONES SR., Michael	Unattached	27.81
3 SPRUILL, Willie	Pony Express	29.76
4 MACK, Jeff	Unattached	30.03
5 HIGGINS, Robert	Unattached	32.53

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**RESULTS****#24 Men's 200 Meters (65-69)**

Pl Name	Yr Team	Time
1 MARKLEY, Anthony	Potomac Vall	31.25

**#20 Men's 200 Meters (70-74)**

Pl Name	Yr Team	Time
1 HOWER, Richard	Potomac Vall	32.57
2 RUOZZI, Richard	Unattached	38.61

**#28 Men's 200 Meters (75-79)**

Pl Name	Yr Team	Time
1 PARKER III, George	Unattached	31.95
2 GUINN, Michael	Unattached	39.28

**#23 Men's 200 Meters (80-84)**

Pl Name	Yr Team	Time
1 NANTO, Dick	Unattached	44.74

**#87 Women's 3000 Meters (40-44)**

Pl Name	Yr Team	Time
1 LEDFORD, Jennifer	Unattached	11:37.27

**#88 Women's 3000 Meters (45-49)**

Pl Name	Yr Team	Time
1 JOSIAH-TANNER, Euleen	T.H.E. Track	11:17.29

**#86 Women's 3000 Meters (50-54)**

Pl Name	Yr Team	Time
1 SHOEMAKER, Perry	Unattached	10:11.22

**#89 Women's 3000 Meters (55-59)**

Pl Name	Yr Team	Time
1 CHITI, Melissa	Pursuit of Exc	12:01.06
2 KLEIN, Tina	T.H.E. Track	13:40.81

**#84 Men's 3000 Meters (Open)****#83 Men's 3000 Meters (35-39)****#85 Men's 3000 Meters (40-44)**

Pl Name	Yr Team	Time
1 ABBOT, Jason	Shadow Proje	10:30.72
WALCHINSKY, Mark	Shadow Proje	DNF

**#80 Men's 3000 Meters (50-54)****#82 Men's 3000 Meters (55-59)**

Pl Name	Yr Team	Time
1 SANCHEZRUANO SR., Miguel	Unattached	10:36.81
2 PIGGOTT, John	Colonial Roa	11:55.33

**#81 Men's 3000 Meters (60-64)****#173 Women's Shot Put (Open)**

Pl Name	Yr Team	Mark
1 CURRY, Lauren	Unattached	10.75m

**#172 Women's Shot Put (40-44)**

Pl Name	Yr Team	Mark
1 KELLY, Nicole	Unattached	9.67m

**#176 Women's Shot Put (45-49)**

Pl Name	Yr Team	Mark
1 JACKSON, Chineta	Unattached	7.65m

**#175 Women's Shot Put (50-54)**

Pl Name	Yr Team	Mark
1 SCOTT, Rosy	Unattached	7.78m
2 PATRICK, Vernecia	Unattached	7.72m

**#167 Women's Shot Put (60-64)**

Pl Name	Yr Team	Mark
1 KELLY, Linda	Unattached	7.28m

**#170 Women's Shot Put (65-69)**

Pl Name	Yr Team	Mark
1 GOOD, Katherine Keg	Potomac Vall	6.61m
2 RANKINS, Claudia	Unattached	5.80m

**#168 Women's Shot Put (70-74)**

Pl Name	Yr Team	Mark
1 HARPER, Linda	Unattached	7.50m
2 JACOBS, Kathy	High Point At	5.78m

**#169 Women's Shot Put (75-79)**

Pl Name	Yr Team	Mark
1 WARREN, Barbara	Capital City S	7.54m

**#171 Women's Shot Put (80-84)**

Pl Name	Yr Team	Mark
1 GUARDINO, Louise	Unattached	5.00m
2 STAAB, Angela	TNT Internati	4.35m

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**RESULTS****#164 Men's Shot Put (40-44)**

Pl Name	Yr Team	Mark
1 SCARPA JR., Michael	Cornell Unive	11.96m

**#166 Men's Shot Put (45-49)**

Pl Name	Yr Team	Mark
1 ANDREWS, Louis	Unattached	6.52m

**#162 Men's Shot Put (50-54)**

Pl Name	Yr Team	Mark
1 FAIRLEE, Jason	Unattached	12.68m
2 AKA-BASHORUN, Walé	Greater Phila	11.10m
3 RAVIZZA, Dean	Unattached	7.73m

**#160 Men's Shot Put (55-59)**

Pl Name	Yr Team	Mark
1 WILLITT, Russell	Greater Phila	14.12m
2 KRUELLE, Chuck	Greater Phila	8.49m
3 BACHANA, Joseph	Central Park	7.95m
4 KAST, Steven	Colonial Roa	7.95m

**#163 Men's Shot Put (60-64)**

Pl Name	Yr Team	Mark
1 SOMMER, Robert	Unattached	12.72m
2 CANCINO, Frank	Unattached	9.67m
3 MCDONALD, Ross	Pony Express	8.71m

**#161 Men's Shot Put (70-74)**

Pl Name	Yr Team	Mark
1 MACK, Joe	Pony Express	7.38m

**#165 Men's Shot Put (75-79)**

Pl Name	Yr Team	Mark
1 SWEET, Palmer	Unattached	6.98m

**#159 Men's Shot Put (80-84)**

Pl Name	Yr Team	Mark
1 RHOAD, William	Philadelphia	6.42m

**#142 Women's Long Jump (Open)****#141 Women's Long Jump (35-39)**

Pl Name	Yr Team	Mark
1 PINKSTON, Tyreshia	Port City Trac	4.61m

**#143 Women's Long Jump (55-59)**

Pl Name	Yr Team	Mark
1 BATTLE, Tracey	Potomac Vall	3.86m

**#144 Women's Long Jump (70-74)**

Pl Name	Yr Team	Mark
1 PHILLIPS, Hannah	Potomac Vall	2.79m

**#145 Women's Long Jump (75-79)**

Pl Name	Yr Team	Mark
1 WARREN, Barbara	Capital City S	1.99m

**#133 Men's Long Jump (25-29)**

Pl Name	Yr Team	Mark
1 SHUTE JR JR., Abdul	Charlotte Run	4.74m

**#132 Men's Long Jump (35-39)****#130 Men's Long Jump (40-44)**

Pl Name	Yr Team	Mark
1 CLARK, Martez	Unattached	5.33m
2 JONES SR., Kristoffer	Unattached	4.95m
3 NEVEL JR., John	Unattached	3.08m

**#135 Men's Long Jump (45-49)**

Pl Name	Yr Team	Mark
1 LOCKHART, Nolan	Pony Express	4.57m

**#140 Men's Long Jump (50-54)**

Pl Name	Yr Team	Mark
1 AKA-BASHORUN, Walé	Greater Phila	5.45m
2 NANTO, Brian	Unattached	4.74m
3 FAIRLEE, Jason	Unattached	4.60m

**#138 Men's Long Jump (55-59)**

Pl Name	Yr Team	Mark
1 KRUELLE, Chuck	Greater Phila	4.55m
2 SARSONY, Chris	Unattached	3.95m
3 SAMIEC, James	Potomac Vall	3.88m
4 KAST, Steven	Colonial Roa	2.76m

**#136 Men's Long Jump (60-64)**

Pl Name	Yr Team	Mark
1 HUMPHREY, Ronald	Unattached	5.07m

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**RESULTS****#134 Men's Long Jump (65-69)**

Pl Name	Yr Team	Mark
1 MARKLEY, Anthony	Potomac Vall	4.10m

**#139 Men's Long Jump (70-74)**

Pl Name	Yr Team	Mark
1 MACK, Joe	Pony Express	2.08m

**#131 Men's Long Jump (75-79)**

Pl Name	Yr Team	Mark
1 SWEET, Palmer	Unattached	2.04m

**#137 Men's Long Jump (80-84)**

Pl Name	Yr Team	Mark
1 RHOAD, William	Philadelphia	1.91m

**#129 Women's Pole Vault (75-79)**

Pl Name	Yr Team	Mark
1 WARREN, Barbara	Capital City S	1.10m

**#127 Men's Pole Vault (55-59)**

Pl Name	Yr Team	Mark
1 DILLARD, Ben	Xtreme Heigh	3.04m
2 KRUELLE, Chuck	Greater Phila	2.89m

**#128 Men's Pole Vault (60-64)**

Pl Name	Yr Team	Mark
1 PETRILLO, Joe	Unattached	2.89m
2 KELLEY, Steve	Pony Express	2.59m

**#126 Men's Pole Vault (75-79)**

Pl Name	Yr Team	Mark
1 METZINGER, Gary	Xtreme Heigh	2.28m

**#125 Women's High Jump (Open)**

Pl Name	Yr Team	Mark
1 CURRY, Lauren	Unattached	1.37m

**#124 Women's High Jump (75-79)**

Pl Name	Yr Team	Mark
1 WARREN, Barbara	Capital City S	0.90m

**#120 Men's High Jump (Open)**

Pl Name	Yr Team	Mark
CURRY, Jayden	Unattached	NH

**#118 Men's High Jump (45-49)**

Pl Name	Yr Team	Mark
1 ANDREWS, Louis	Unattached	0.95m

**#119 Men's High Jump (50-54)**

Pl Name	Yr Team	Mark
1 AKA-BASHORUN, Walé	Greater Phila	1.55m
2 FAIRLEE, Jason	Unattached	1.45m

**#117 Men's High Jump (55-59)**

Pl Name	Yr Team	Mark
1 KRUELLE, Chuck	Greater Phila	1.45m
2 BACHANA, Joseph	Central Park	1.30m
3 SAMIEC, James	Potomac Vall	1.20m

**#121 Men's High Jump (65-69)**

Pl Name	Yr Team	Mark
1 MARKLEY, Anthony	Potomac Vall	1.25m

**#123 Men's High Jump (70-74)**

Pl Name	Yr Team	Mark
1 MACK, Joe	Pony Express	1.05m

**#122 Men's High Jump (80-84)**

Pl Name	Yr Team	Mark
1 RHOAD, William	Philadelphia	0.85m

**#155 Women's Triple Jump (Open)**

Pl Name	Yr Team	Mark
1 CURRY, Lauren	Unattached	9.19m

**#154 Women's Triple Jump (35-39)**

Pl Name	Yr Team	Mark
1 PINKSTON, Tyreshia	Port City Trac	8.20m

**#157 Women's Triple Jump (55-59)**

Pl Name	Yr Team	Mark
1 BATTLE, Tracey	Potomac Vall	8.75m

**#156 Women's Triple Jump (70-74)**

Pl Name	Yr Team	Mark
1 PHILLIPS, Hannah	Potomac Vall	5.82m



2023 USATF VIRGINIA ASSOC | SE REGIONAL MASTERS  
INDOOR CHAMPIONSHIPS

Hampton, VA

Boo Williams Sportsplex

Saturday, February 11, 2023



OFFICIAL MEET REPORT

printed: 2/11/2023 11:32 PM

## RESULTS

### #158 Women's Triple Jump (75-79)

Pl	Name	Yr Team	Mark
1	WARREN, Barbara	Capital City S	4.73m

### #153 Men's Triple Jump (25-29)

Pl	Name	Yr Team	Mark
1	SHUTE JR JR., Abdul	Charlotte Run	10.79m

### #147 Men's Triple Jump (40-44)

Pl	Name	Yr Team	Mark
1	NEVEL JR., John	Unattached	7.35m

### #146 Men's Triple Jump (50-54)

Pl	Name	Yr Team	Mark
1	EPEBINUADE, Adeniran	Unattached	10.27m
2	FAIRLEE, Jason	Unattached	10.00m

### #151 Men's Triple Jump (55-59)

Pl	Name	Yr Team	Mark
1	SAMIEC, James	Potomac Vall	8.54m
2	KAST, Steven	Colonial Roa	5.49m

### #149 Men's Triple Jump (60-64)

Pl	Name	Yr Team	Mark
1	HUMPHREY, Ronald	Unattached	10.38m
2	BATTLE, Marcus	Potomac Vall	9.83m

### #152 Men's Triple Jump (65-69)

Pl	Name	Yr Team	Mark
1	MARKLEY, Anthony	Potomac Vall	7.35m

### #148 Men's Triple Jump (75-79)

Pl	Name	Yr Team	Mark
1	SWEET, Palmer	Unattached	4.23m

### #150 Men's Triple Jump (80-84)

Pl	Name	Yr Team	Mark
1	RHOAD, William	Philadelphia	2.32m